

LGBTQ+ EDUCATIONAL CONTENT

SOCIAL MEDIA & INTERNAL CONVERSATION
SUGGESTIONS TO INCREASE AWARENESS ON
LGBTQ+ TOPICS



Training • Credentialing • Consulting • Speaking



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December

Monthly Observances

Universal Human Rights Month

Adopted by the United Nations General Assembly in 1948, this month features a global initiative to fight for equality, justice, and dignity for ALL humans. LGBTQ+ rights are an important part of human rights. Get involved with your local community by sharing educational content and working with groups that advocate for global LGBTQ+ protections.

National Giving Month

Winter can be a lonely time for older LGBTQ+ adults, who are more likely to have estranged or complicated relationships with their families of origin. December is National Giving Month, in which we are encouraged to celebrate and engage in acts of generosity, kindness, and volunteerism to support our local communities. Consider donating and/or volunteering with a local LGBTQ+ nonprofit or mutual aid fund to support your community this December.

December 1st, annually – World AIDS Day

World AIDS Day is observed annually as a time to raise awareness about HIV/AIDS prevention, confront stereotypes and harmful stigma, and honor those who have lost their lives to the disease. Established in 1988, World AIDS Day is one of the first global health days. To show your support, we recommend hosting educational sessions on HIV prevention and participating in candlelight vigils to honor and remember those we've lost.

First Sunday in December, annually – Cyber Safety Day

Did you know that adults 65 and older are more likely to be vulnerable to online scams? Scammers are likely to search for victims during busy bouts of winter holiday shopping. The best prevention is education regarding common scams, suspicious behavior, and how to protect your identity. Protect your elders by sharing tips about online safety. Consider partnering with your local library to offer an informative session with your clients or residents to promote safe online browsing.

December

December 1st, annually – *Rosa Parks Day*

Not to be confused with the celebration of her birthday on February 4th, December 1st honors the day that American Civil Rights Leader Rosa Parks refused to give up her seat on the bus. This sparked the Montgomery Bus Boycott, a pivotal moment in the Civil Rights Movement. You can honor today by providing a platform for Black LGBTQ+ activists who carry her legacy of justice and educating on the intersectionality of the Civil Rights Movement.

First Tuesday of December, annually – *Giving Tuesday*

This global movement occurs annually on the Tuesday following Thanksgiving in America and encourages people to give back to their communities through acts of kindness, volunteering, and donations. You can join in by hosting fundraisers or championing awareness campaigns for LGBTQ+ rights and inclusion.

December 2nd, annually – *National Build Joy Day*

Promote happiness and spread joy with random acts of kindness. Uplift LGBTQ+ community members by hosting joyful community gatherings. Consider distributing care packages to members of your community in need. This holiday is an excellent opportunity to connect both young and older LGBTQ+ community members to spread joy.

December 7th, annually – *National Pearl Harbor Remembrance Day*

December 7th marks the anniversary of the devastating Pearl Harbor attack. We honor the survivors and pay tribute to the victims through memorials. We also recognize the service of LGBTQ+ veterans and encourage you to share their stories in memorial.

December

December 26th, annually – *National Candy Cane Day*

National Candy Cane Day is a lighthearted celebration traditionally enjoyed the day after Christmas. You can enjoy the sugary peppermint treat at inclusive holiday gatherings or add them to a winter LGBTQ+ social.

December 28th, annually – *Card Playing Day*

Is there anything more timeless than a fun night spent playing a card game with friends? Consider hosting an LGBTQ+ inclusive game night featuring bridge, rummy, and many more! Card games can also be used as a tool to foster intergenerational bonding between the young and older LGBTQ+ members of your community.



Check Back Each Month for Next Months Suggestions