



LGBTQ+ ELDER CARE:

Building Affirming,
Person-Centered
Healthcare



Who We Are

SAGE, established in 1978, is America's oldest and largest non-profit dedicated to improving LGBTQ+ older adults' lives.



Pioneering Advocacy

Over 45 years of leadership in LGBTQ+ aging issues, services, and elder support.



Expanding Reach

SAGECare now delivers vital education and consulting services throughout the US and Canada.



Social Enterprise

Our specialized division empowers healthcare providers to meet unique LGBTQ+ elder needs.

SAGECare's mission: Equip service providers with essential tools to create truly all-embracing environments for LGBTQ+ older adults.

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Who We Serve

Hospitals & Health Systems

Comprehensive education for all staff levels



Long-Term Care & Hospice

End-of-life and residential care education

Health Insurance & Networks

Inclusive policies and communication



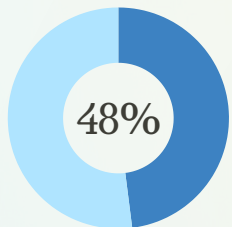
Skilled Nursing & Home Healthcare

Person-centered care approaches

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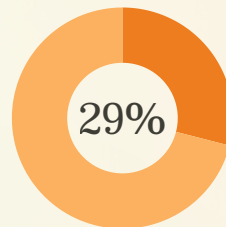


The Silent Divide in Healthcare Access



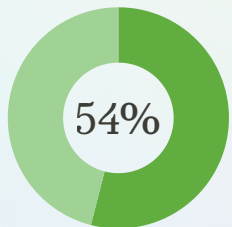
Social Isolation

45% of LGBTQ+ older adults report feeling a lack of companionship and **48% feel socially isolated.**



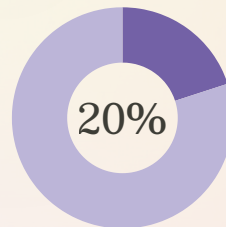
Cognitive Decline

LGBTQ+ older adults are **more likely to report cognitive decline** that their cisgender or heterosexual peers.



HIV/AIDS

54% of Americans **living with HIV** are 50+ years old and **at a higher risk of diabetes, hypertension and stroke.**



Delayed Care

Nearly 1-5 LGBTQ+ older adults **did not seek care for health concerns** in the past year.



The Healthcare Gap



Mental Health

LGBTQ+ elders experience up to **3x higher rates of depression, anxiety, and social isolation** compared to their heterosexual peers.



Chronic Conditions

Elevated rates of HIV, diabetes, and cardiovascular disease demand an integrated approach to prevention, risk assessment, and management as interconnected conditions.



Trauma-Informed Care

Lifetime exposure to **discrimination and prejudice creates unique psychological needs** requiring healthcare providers with specialized cultural competency.

These profound disparities result from decades of institutional barriers and discrimination. Most healthcare providers lack essential training to address these nuanced and complex health challenges.

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Core Components of LGBTQ+ Elder-Focused Education



Person-Centered Care Training

Staff learn appropriate terminology and historical context affecting LGBTQ+ elders' healthcare experiences.



All-Embracing Communication

Techniques for creating safe conversations and using affirming language that respects diverse identities.



Environmental Assessment

Evaluating physical spaces and policies to ensure they signal safety and are all-inclusive for LGBTQ+ elders.



Person-Centered Care Training

Connecting LGBTQ+ inclusivity to \$4.7 trillion global purchasing power and to improved quality metrics.

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The Healthcare Gap



Starting Today

- Try not to assume that everyone is heterosexual or cisgender.
- Expand your definition of family.
- Use LGBTQ+ affirming language.
- Listen carefully to concerns and desires.



Next Month & Onward

- Commit to all-embracing person-centered care.
- Understand legal protections and respect relationships.
- Connect people to all-embracing community resources.

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SAGECare Training Solutions



Educational Options

On-demand, live, in-person, and train-the-trainer programs available for all staff levels.



Comprehensive Education

Inclusive communication, clinical considerations, and family support for LGBTQ+ patients.



Consulting Services

Auditing, policy review, marketing, communications, and programming support.

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